

Save the date!

TRINATIONALE KONFERENZ

INNOVATIVE VERSORGUNGSSTRUKTUREN - NACHHALTIGE KONZEPTE
FÜR PSYCHISCHE GESUNDHEIT IM LÄNDLICHEN RAUM

21. OKTOBER 2025

10:00 – 16:00 UHR

📍 Fakultät Angewandte Gesundheitswissenschaften, Land-Au 27, D-94469 Deggen Dorf

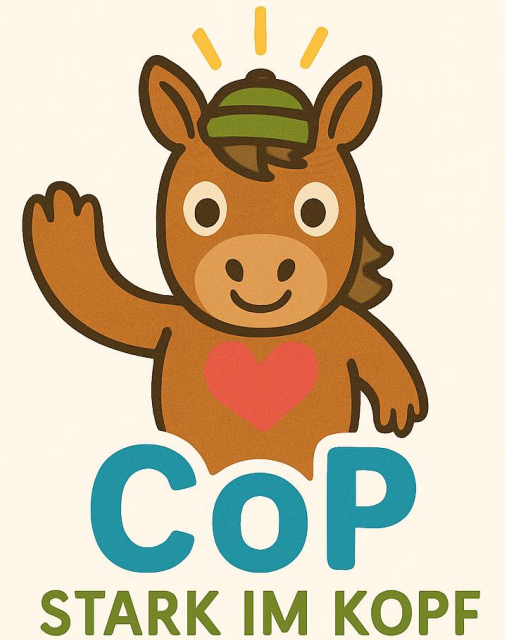
Einladungskreis: Wissenschaft, Lehre, Praxiseinrichtungen,
Institutionen aus dem Bereich der drei Länder Deutschland, Tschechien und Österreich

CoP – A Co-Creative Prevention Project for Children in Bad Kötzing

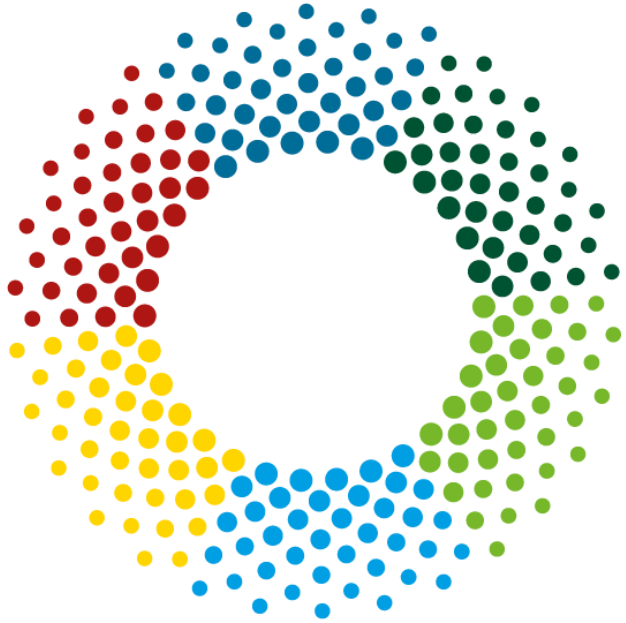
21.10.2025

Meet the Project Team





Funding Organization



GKV-Bündnis für GESUNDHEIT

Bayern

Gefördert mit Mitteln der gesetzlichen Krankenkassen nach § 20a SGB V



Funding Program

Project Funding	ARGE GKV Alliance for Health
Project Duration	3 years
Project Start	01.03.2025 – 28.02.2028
Project Partners	• City of Bad Kötzing • Bad Kötzing Health Campus, Deggendorf University of Applied Sciences
Collaborating Partners	• Kneipp Association Bad Kötzing • Bad Kötzing Gymnastics Club • IGM Lifestyle Program • Counseling Center Cham • GesundheitsregionPlus Cham

Project objective and target group

TARGET GROUP:

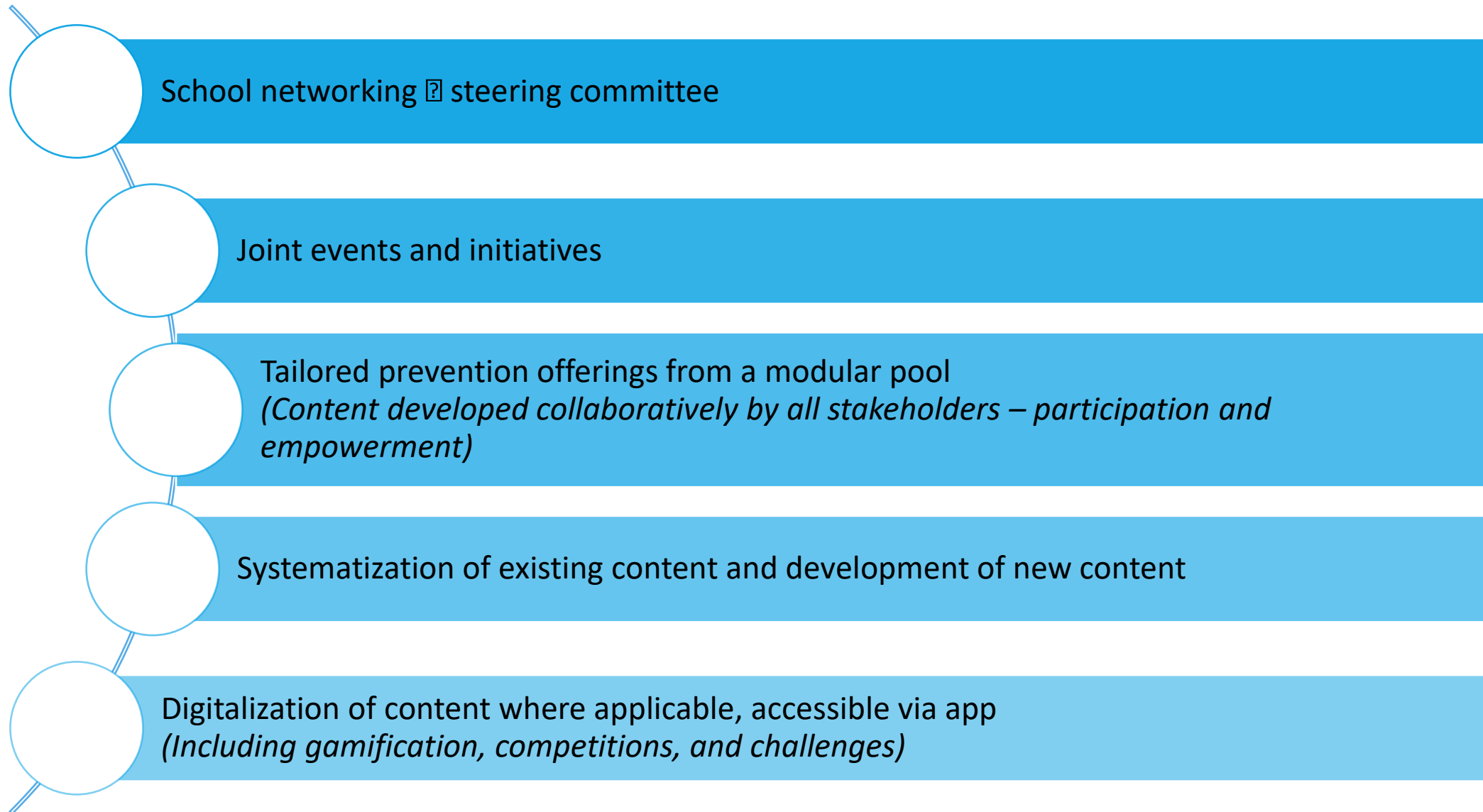


Children Grades 1-6
_____ in schools _____

GOAL:

**Mental health promotion
and prevention**

Project details



Public in Spatial Planning

A research and development project by Deggendorf University of Applied Sciences on digital citizen participation.

Publicly accessible since October 2017



Upload images

Describe



 **Status:** Neu

 **Kategorie:**
Wohlfühlort

 **Datum:**
30.06.2025
10:44

 **Benutzer:**
cop_Benutzer0

 **Typ:** 5.- 6.
Klasse

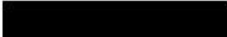
 **Nummer:** 39

Ein wunderschöner Ort zum Wohlfühlen! Pflückt hier rosige Rosen, mit hübschen Käfern 🌹!❤️

 **Teilen**

Comment

Keine weiteren Kommentare

 30.06.2025 10:55
tolles Bild 🌹🌹🌹🌹

 **Freigegeben**  **Löschen**

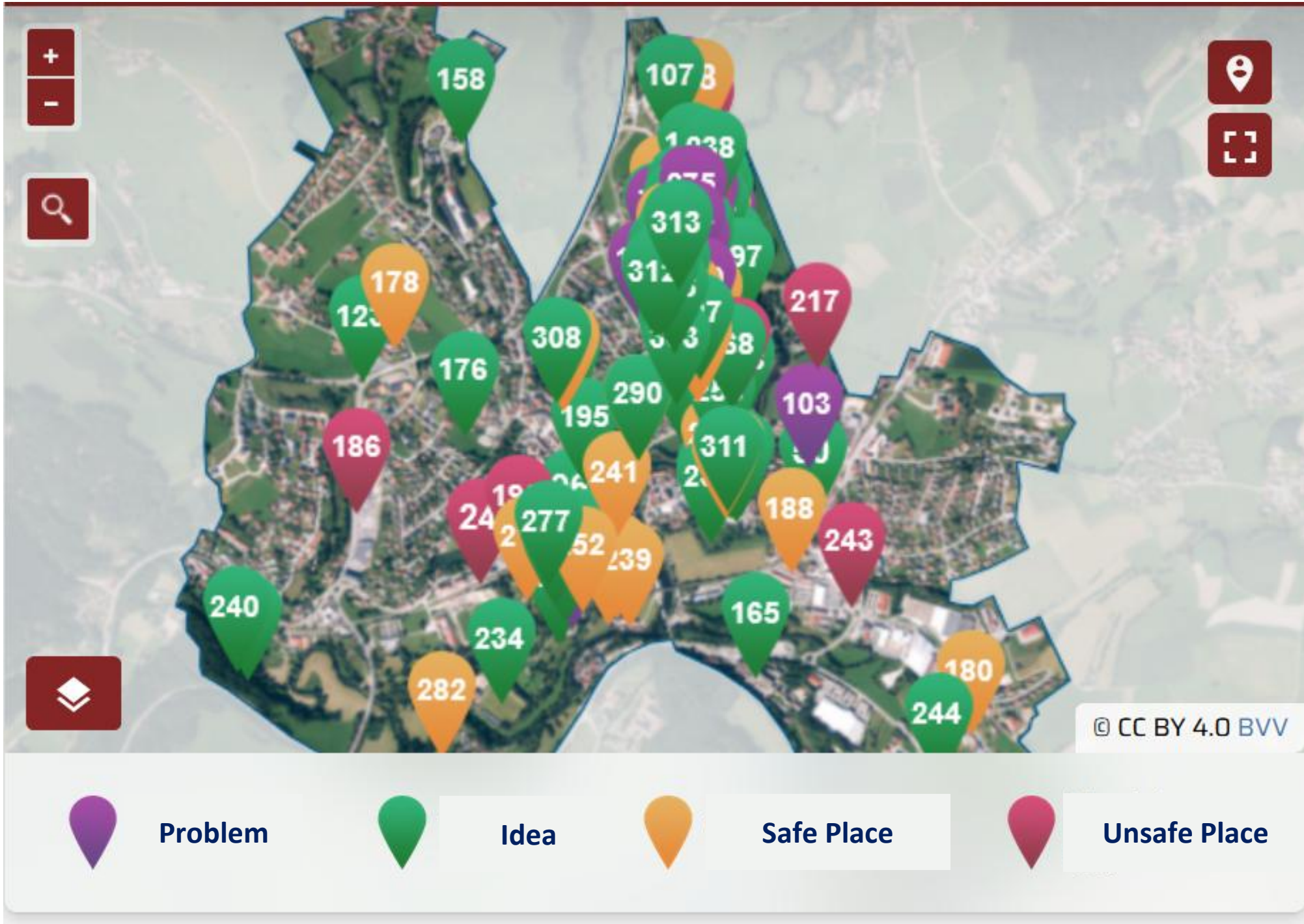
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Kommentar verfassen

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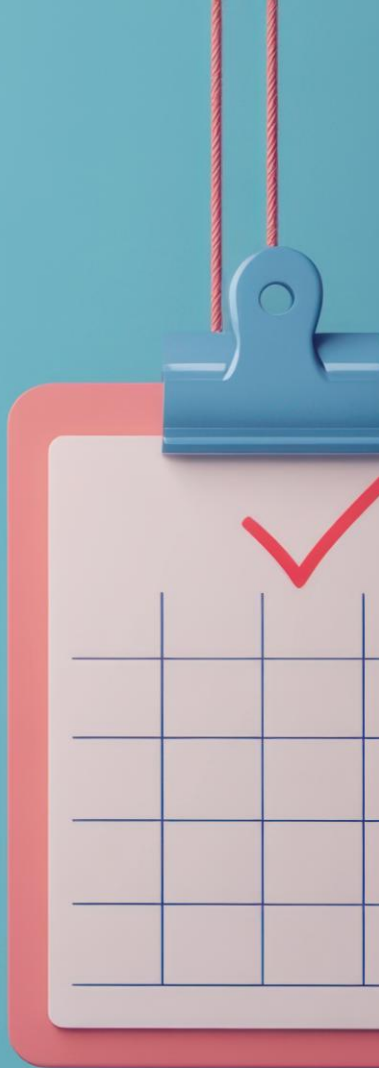


313	23.09.2025	 0  0	Neue Rutsche	✓ Veröffentlicht	Detailansicht
312	22.09.2025	 0  0	Bewegungsgeräte	✓ Veröffentlicht	Detailansicht
311	22.09.2025	 0  0	Mehr rutschen	✓ Veröffentlicht	Detailansicht
310	22.09.2025	 0  0	Wir wünschen viele spiele	✓ Veröffentlicht	Detailansicht
309	22.09.2025	 0  0	Mehr Sonnenschutz	✓ Veröffentlicht	Detailansicht
308	22.09.2025	 0  0	Pferdeladen	✓ Veröffentlicht	Detailansicht
307	22.09.2025	 0  0	Schaukeln	✓ Veröffentlicht	Detailansicht
306	22.09.2025	 1  0	Turnstange	✓ Veröffentlicht	Detailansicht
305	22.09.2025	 0  0	Kletterwand	✓ Veröffentlicht	Detailansicht
304	22.09.2025	 0  0	Spiel Geräte	✓ Veröffentlicht	Detailansicht

Children's survey for workshop topics



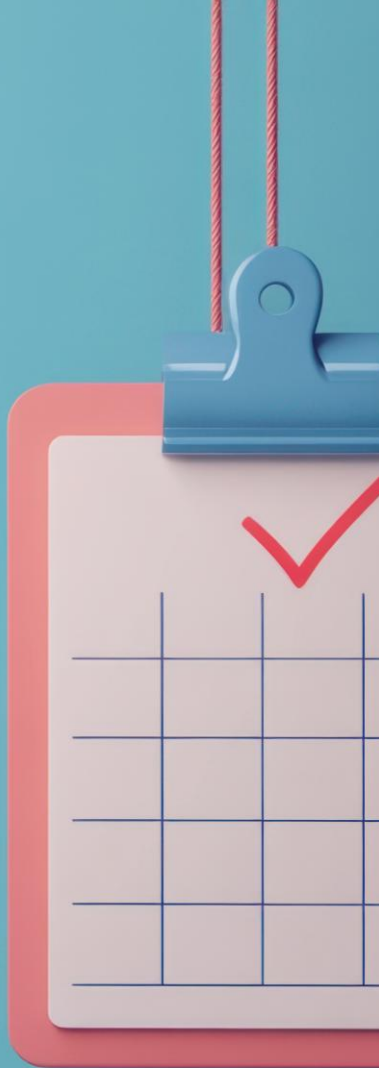
1. **When school makes me feel worried**
(When I get a funny feeling in my tummy just thinking about school)
2. **I get nervous around others**
(When it's hard to talk to people or you feel left out)
3. **When others are mean – bullying**
(How to stand up for yourself and help your friends)
4. **Friends and feeling let down**
(When friends hurt your feelings or you argue)
5. **Sorting out fights the right way**
(How to solve problems without hitting or leaving others out)
6. **I'm okay just the way I am!**
(Learning to believe in yourself and feel confident)
7. **Feeling stressed – at school or at home**
(When everything feels too much and you just need a break)
8. **Understanding my feelings**
(Angry, scared, or sad – learning what helps you feel better)
9. **When things aren't okay at home**
(When parents are stressed, fighting, or on their phones a lot – how it makes you feel)
10. **Trying to be perfect all the time**
(When you feel you always have to do well and can't make mistakes)



Children's survey identified the following most popular workshop topics:

Grades 1–4 (Elementary & Special Education) – 130 responses

Topic	Count
I want to do everything perfectly (When you are afraid of making mistakes or always want to be perfect)	65
What do I do in my free time? (Fun ways to get new ideas – hobbies, games, and moving around)	63
Fighting with friends (When you argue or feel sad because someone was mean)	60
Feeling stressed at home or at school (When everything feels too much or you can't relax)	35



Children's survey identified the following most popular workshop topics:

Grades 5–6 (Special Education Center, Middle School, High School) → 168 responses

Topic	Count
Bullying – When others are mean (How you can protect yourself or help others)	67
Stress at school and in free time (When everything feels too much – school, hobbies, family...)	67
Resolving conflicts fairly – without violence or exclusion (How to solve problems in a good way)	64
I am okay just the way I am! (Building self-confidence and being true to yourself)	61
Friendship & disappointment (When friends hurt your feelings or you have arguments)	57