

# STUCOS

STUDENT COUNSELLING SERVICE



During your studies, you want to build up the necessary professional and social skills and gain important experience for the future, in order to realise your own potentials later in life. However, not everything always goes according to plan and unexpected problems might occur. In this case, you might want to contact our new „Student Counselling Service“ (StuCoS) at the European Campus Rottal-Inn!

The StuCoS aims at students who feel the need to talk confidentially about themselves and their personal situation. It helps you with general issues of daily life and social integration, conflicts with fellow students, teachers or in your relationship, psychological stress caused by studying, questions or concerns that often come up in connection to your studies etc.

If you need help or someone to talk to please write an email with a short description of your personal concerns and to arrange a personal counselling appointment to: [stucos-ecri@th-deg.de](mailto:stucos-ecri@th-deg.de)



#### CLAUDIA NIKITSIN

Research assistant and deputy faculty women's representative at the European Campus Rottal-Inn (ECRI) in Pfarrkirchen

- Studied Pedagogy, Educational Science, German with the 1<sup>st</sup> State Examination at the University of Paderborn
- Certified training as a telephone counsellor in the TelefonSeelsorge (TS) with many years of work experience
- Methodological-didactic further training in areas such as pedagogical learning guidance, non-violent communication according to Marshall B. Rosenberg, Mental health problems among students and tutor qualification (DIZ)
- Conception and collaboration in various university projects on learning support for young adults